



**INTERNATIONAL ACADEMY OF  
CLASSICAL HOMEOPATHY**

**Vithoulkas Program**

**on**

**Classical Homeopathy**

**Curriculum**

**of the 3-year course**

## Table of Contents

|                                     |    |
|-------------------------------------|----|
| THEORY A.....                       | 3  |
| THEORY B.....                       | 6  |
| ORGANON.....                        | 9  |
| MATERIA MEDICA A.....               | 12 |
| MATERIA MEDICA B.....               | 15 |
| MATERIA MEDICA C.....               | 18 |
| 43 ADDITIONAL REMEDIES.....         | 22 |
| LEVELS OF HEALTH.....               | 23 |
| REPERTORIZATION – Q&A – TOPICS..... | 24 |
| CASES A.....                        | 27 |
| CASES B.....                        | 30 |
| CASES C.....                        | 33 |
| STRATEGIES IN PRESCRIBING.....      | 36 |
| STRATEGIES IN PRESCRIBING II.....   | 37 |
| HISTORY OF HOMEOPATHY.....          | 39 |
| ETHICS IN HOMEOPATHIC PRACTICE..... | 39 |
| BUSINESS OF PRACTICE.....           | 39 |

# MODULE 1 - THEORY A

## 01

- Law of similars
- Homoeopathic aggravation
- Reaction after the remedy

## 01b AUDIO

- Reaction after the remedy

## 02

- The 3 levels of the human being
- Therapeutic modalities affecting the mental, emotional & physical levels
- Factors promoting good state of health
- The limitations of homeopathy

## 02b

- The hierarchy within the 3 levels of human being
- The energy complex of the human being
- States of detachment from the physical body (part 1)

## 02c

- States of detachment from the physical body (part 2)
- Factors that determine health
- Universal energy & the human being
- Miasms

## 06

- The objectives of the homeopathic treatment
- Definition of health (part1)

## 06b

- Definition of health (part 2)
- How to measure and evaluate health

## 06c AUDIO

- Progression of diseases
- The 3 levels of the human being
- The definition of health

## 07a

- Health and Disease as seen by a Homeopath

## 07b

- The qualities of a healthy mind

## 10

- Provings

## 10b

- Symptoms versus normality

## 10c

- The definition of a symptom
- What are the important symptoms, how to recognize & use them

## 11

- Secrets of taking a Homeopathic Case

## 12

- Introduction to Homeopathic Prescribing

## 12b

- The action of the remedy according to Hahnemann and Vithoukas
- The nature of the vital force
- Levels of consciousness in nature and humans (how consciousness can influence our health)

## 12c

- Strategies for prescribing
- The appearance of proving symptoms during treatment

## 12d AUDIO

- Prescribing methods

## 14b

- Death on the spiritual & psychic level

**15b**

- Prevention & vaccination

**17**

- The birth of the theory of Levels of Health

**18**

- Direction of cure
- Levels of health

**19**

- Levels of health in relation to predisposition, infection potential, vaccination

**20**

- The Continuum of a Unified Theory of Diseases

**25**

- How diseases are manifesting
- Stresses that act as exciting causes

**26**

- How to handle an acute
- How to handle an aggravation

**28**

- Potentizing
- Schuessler salts
- Factors affecting the medicines

**28b AUDIO**

- Potentization

**29**

- Pathology on the mental/emotional/physical levels
- Direction of cure (part 1)

**30**

- 
- Pathology on the mental/emotional/physical levels
  - Direction of cure (part 2)

### 30a

- Taking of a new case

### 30b

- Case taking (part 1)

### 30c

- Case taking (part 2)

### 30d AUDIO

- Case taking (part 3)

### 30e

- Case taking (part 4)

## MODULE 2 - THEORY B

### 34

- Underlining
- Prescribing according to the layers
- One-sided diseases

### 42

- Suppression
- Vaccination

### 44

- Acute prescribing during chronic treatment (part 1)
- Characteristics of groups 1-4
- Pathology of groups 1-4

### 45

- Acute prescribing during chronic treatment (part 2)

46

- Acute prescribing during chronic treatment (part 3)

53

- Kent's observations: evaluation of the case (part 1)

54

- Kent's observations: evaluation of the case (part 2)
- Prescribing on layers
- Prevention
- Provings

56

- Deeper insight to Kent's observations  
by George Vithoukas (evaluation of the case) Part 1

58

- Deeper insight to Kent's observations  
by George Vithoukas (evaluation of the case) Part 2

59b

- Deeper insight to Kent's observations  
by George Vithoukas (evaluation of the case) Part 3

61b

- Deeper insight to Kent's observations  
by George Vithoukas (evaluation of the case) Part 4
- Direction of cure & disease

62

- Causes of disease

62b

- Obstacles to cure  
Physical (anatomical / drugs / organ damage)  
Emotional (husband syndrome / serious problems)  
Mental (fixed ideas)

**62c AUDIO**

- Obstacles to cure  
Physical (mechanical / drugs / deep or permanent damage)

**62d AUDIO**

- Obstacles to cure  
Emotional (husband syndrome/ emotional insecurity / permanent problems/ guilt / emotional death)  
Mental (spiritual seekers / fixed ideas /Hypochondriasis / intellectualization / independence)

**63c**

- Cases under allopathic drugs: How to reduce/stop them.

**66**

- How to handle the patient
- Miasms
- On follow ups

**66b**

- Miasms (sycotic miasm)

**68b**

- What is the constitutional remedy

**69**

- The meaning of homeopathic consultation
- Preparation of the homeopath

**71**

- Handling the remedies

**76 AUDIO**

- AIDS
- Skin diseases

**77 AUDIO**

- Discussion on cancer cases

**78**



- Comments on: Opium case  
Stages of remedies  
Placebo effect  
Hormonal intake during treatment  
Healthy children

79

- Homeoprophylaxis & vaccination

80

- Different healing methods & their efficacy

81

- Organon §210-211-212

84

- Complex versus Unicist Homeopathy

85

- Quantum Physics and Homeopathy

86

- The explanation of action of the homeopathic remedy on a subatomic level

## ORGANON

01

- § 1-3

02

- § 4-9

03

- § 9-25

04

- § 26-37

05

- § 38-33

06

- 39-47

**07**

- §40-43

**08**

- § 44-50

**09**

- § 50-65

**10**

- Q & A session

**11**

- § 65-72

**12**

- § 73-77

**13**

- § 78-80

**14**

- § 81-87

**15**

- § 88-90

**16**

- § 89-93

**17**

- § 94-104

**18**

- § 105-108

**19**

- § 109-112

**20**

- § 112-113

**21**

- § 114-124

**22**

- § 125-129

**23**

- Q & A session

**24**

- § 130-133

25

- § 134-136

26

- § 137-144

27

- Q & A Session 1

28

- Q & A Session 2

29

- § 145-148

30

- § 149-153

31

- § 154-158

32

- § 159-163

33

- § 164-170

34

- § 171-174

35

- § 175-186

36

- Q & A Session

37

- § 187-193

38

- § 194-200

39

- § 201-203

40

- § 204-206

41

- § 207-208

## MODULE 3 - MATERIA MEDICA A

03

- Aconitum
- Agaricus
- Aloe
- Alumina

03b AUDIO

- Aconitum

04

- Anacardium
- Apis
- Argentum nitricum
- Arnica

05

- Arsenicum
- Aurum
- Belladonna
- Bryonia

08

- Calcarea Carbonica
- Calcarea Phosphorica
- Calcarea Sulphurica
- Cannabis Indica

10d

- Phosphorus

17

- Chamomilla
- Kali Bichromicum

21b

- Ipecacuanha
- Kali Carbonicum
- Lachesis

## 22b AUDIO

- Lac caninum

## 23

- Lycopodium
- Magnesia Carbonica

## 24

- Magnesia Muriatica
- Medorrhinum

## 26b

- Natrum Carbonicum
- Natrum Muriaticum
- Natrum Sulphuricum

## 27

- Nitric acid
- Nux-vomica
- Opium

## 29b

- Psorinum
- Pulsatilla

## 31

- Sepia
- Rhus Toxicodendron

## 37

- Asarum
- Tarentula Hispanica

## 48

- Staphysagria

57

- Tuberculinum

58

- Thuja

67

- Remedies for Jealousy

75

- Sulphur 1

75b

- Sulphur 2

76

- Baryta Carbonica

77

- Hyoscyamus

78

- Ignatia 1

78b

- Ignatia 2

79

- Mercury Solubilis

80

- Silica terra
- Stramonium

## MODULE 4 - MATERIA MEDICA B

### 03c AUDIO

- Agaricus

### 08b AUDIO

- Cannabis indica

### 09

- Causticum
- Chelidonium
- China

### 09b

- Cina
- Cuprum
- Gelsemium

### 11

- Platina
- Plumbum

### 14

- Coffea Cruda
- Colocynthis

### 15

- Conium
- Dulcamara
- Glonoinum
- Hypericum

### 22

- Lac-caninum
- Ledum

### 23b AUDIO

- Magnesia Carbonica

### 24b AUDIO

- Magnesia Muriatica

### 36b AUDIO

- Lilium Tigrinum

### 38

- Lobelia Inflata
- Theridion
- Nux Moschata
- Veratrum album

### 40

- Lyssinum
- Carbo Animalis

### 46b

- Caladium
- Capsicum

### 48b

- Stannum
- Picric acid
- Spongia
- Petroleum

### 50

- Eupatorium
- Euphrasia
- Fluoric acid

### 51b

- Keynotes for children prescribing



**55**

- Carcinosis

**63**

- Kali Arsenicosum
- Sabina

**63b**

- Palladium
- Ruta

**81**

- Graphites
- Helleborus
- Hepar sulphur
- Iodum

**82**

- Differential diagnosis: Opium/Nux-m/Cann-I

**84 AUDIO**

- Zincum (part 1)

**84b AUDIO**

- Zincum (part 2)

**86b AUDIO**

- Ranunculus Bulbosus

**89 AUDIO**

- Differential Diagnosis: Remedies for skin diseases

**92**

- Differential diagnosis: Sensitivity to weather conditions

**93**

- Differential diagnosis: Pulsatilla vs Staphysagria - Suicidal disposition

# MODULE 5 - MATERIA MEDICA C

## 04b AUDIO

- Argentum Nitricum (part 1)

## 04c AUDIO

- Argentum Nitricum (part 2)

## 05b AUDIO

- Aurum (part1)

## 05c AUDIO

- Aurum (part 2)

## 05d AUDIO

- Aurum (part 3)

## 12

- Acetic acid
- Allium cepa
- Ambra

## 13

- Antimonium Crudum
- Berberis
- Borax
- Cantharis
- Cocculus

## 13b AUDIO

- Antimonium Crudum

## 35

- Aesculus
- Amyl Nitrosum
- Anthracinum

**36**

- Liliun Tigrinum
- Muriatic acid

**38b AUDIO**

- Lobelia Inflata

**40b**

- Bovista
- Baptisia
- Bromium

**41**

- Antimonium Tartaricum
- Argentum Metallicum
- Arum Triphyllum

**42b**

- Ferrum Metallicum
- Mercury Corrosivus

**43**

- Zincum
- Ammonium Carbonicum
- Cactus

**49**

- Spigelia
- Camphor
- Cicuta
- Digitalis
- Mezereum

**59**

- Sulphuric acid
- Benzoic acid

**61**

- Rhododendron
- Asterias Rubens
- Agnus Castus

**61c**

- Sanguinaria
- Valeriana

**64**

- Sambucus
- Sabadilla

**68**

Small remedies

- Collinsonia
- Equisetum
- Dioscorea
- Myristica

**83**

- Differential diagnosis: Alumina/Nux Moschata

**85 AUDIO**

- Sanicula

**86 AUDIO**

- Ranunculus Bulbosus

**87 AUDIO**

- Dolichos

**88 AUDIO**

- Mancinella

#### 90 AUDIO

- Differential diagnosis: Thirst - Desire for sweets

#### 91 AUDIO

- Differential diagnosis: Fear / Vertigo high places

#### 94 AUDIO

- Capsicum

#### 95 AUDIO

- Aethusa

## 43 ADDITIONAL REMEDIES

- Arsenicum Iodatum
- Asafoetida
- Badiaga
- Bellis Perenis
- Calcarea Fluorica
- Calendula
- Carbo Vegetabilis
- Caulophyllum
- Cimicifuga
- Coccus Cacti
- Colchicum
- Crocus
- Crotalus Horridus
- Cyclamen
- Drosera
- Elaps
- Ferrum Phosphoricum
- Gambogia
- Hamamelis
- Iris Versicolor
- Kali Bromatum
- Kali Phosphoricum
- Kali Sulphuricum
- Kreosotum
- Latrodectus Mactans
- Laurocerasus
- Magnesia Phosphorica
- Mercurius Iodatus Flavus
- Mercurius Iodatus Ruber
- Naja
- Natrum Arsenicosum
- Natrum Phosphoricum
- Phosphoric Acid
- Phytolacca
- Podophyllum
- Pyrogenium
- Rumex
- Sarsaparilla
- Symphytum
- Syphilinum
- Tabacum
- Tarentula Cubensis
- Viburnum

# LEVELS OF HEALTH

01

- The birth of the theory of "Levels of Health"

02

- Levels of Health Theory – Part 1

03

- Levels of Health Theory – Part 2

04

- Q&A Session

05

- Levels of Health - Clarifications

06

- Case 861 - Benign brain tumor/ Barrett syndrome NP

07

- Case 844 – Peripheral Naturopathy NP/FU1

08

- Case 862 - Depression NP

09

- Case 863 - Anxiety/Cardiac problems NP

10

- Case 726 - Sleeplessness NP/FU1/FU2

11

- Case 864 - Caffe au lait spots NP

12

- Case 823 - Cervical syndrome NP/FU1

13

- Q&A Session

# MODULE 6 - REPERTORIZATION – Q&A – TOPICS

## REPERTORIZATION

- History of Homeopathic Repertories
- Organization of repertories, general layout, repertory structure
- Repertory terminology, keywords, concepts
- Methods of RepertORIZATION
- How to use Vithoukias Compass

## QUESTIONS & ANSWERS

28

- Potency & age
- What is an inimical remedy
- Choice of potency in skin eruptions
- Use of creams in skin diseases

39

- Hierarchy of symptoms & how to choose them
- Repetition of the remedy, when is it needed?
- Potencies in children & babies
- Prescribing during pregnancy & the risk of wrong prescriptions
- Ascending potencies

43b

- How allopathic medicines influence the homeopathic remedies
- Family dynamics
- Antidoting of remedies
- Incurable diseases
- Silica & foreign bodies
- On anti-depressants
- Homeopathy and the media

51

- The risk of repeating certain remedies
- Questions on cases
- Interpretation of acutes
- On personality disorders
- Aggravation on serious cases
- Intake of vitamins during treatment
- Amelioration during pregnancy
- Remedies for baby vomiting
- Addicted patients and Homeopathy



## 64

- High blood pressure medicines & homeopathic treatment
- How to deal with patients who live under serious problems
- Coffee & other antidoting agents
- Practicing laws in different countries & the academy diploma
- How sexual activity affects the marriage

## 69b

- How Hahnemann discovered the potencies
- What Hahnemann means by 'too strong/large enough dose'?
- How to detect whether the remedy has acted
- Prescribing in acutes
- High potencies in old patients
- Toxicity of low potencies
- Handling acute mental episodes
- High cholesterol levels & homeopathic treatment
- Use of small remedies
- On paragraphs § 155, 161
- Case of Asafetida
- New symptoms during treatment

## 70 AUDIO

- Various questions and answers

## TOPICS

### TOPICS

- The conditions in order to have healthy children

### TOPICS

- On imagination

### TOPICS

- Homeopathy & the mass media

### TOPICS

- Right Livelihood Award speech

## TOPICS

- Speech of Prof. Vithoulkas at the 2nd World Congress on Controversies in Neurology (CONy), 2008

## TOPICS

- On the doctrine of signatures

## TOPICS

- The intervention of church

## TOPICS

- On Benveniste's experiment and its fallacy
- On an ingenious one-million-dollar experiment and how it was cancelled by the skeptics

# MODULE 7 - CASES A

## CASE STUDIES

277

- Grief  
NP  
FU 1/2  
FU 3/4  
FU 5/6

291

- Sudden loss of memory  
NP  
FU 1/2/3

333

- Emotional vulnerability  
NP  
FU1  
FU2

308

- Ailments from mortification  
NP  
FU1  
FU2

263

- Constipation / Ailments from surgery  
NP  
FU1  
FU2

290

- Neurodermatitis (baby)  
NP

324

- Delayed development  
Ailments from mortification  
NP  
FU1/2

306

- Juvenile diabetes  
NP

279

- Depression / Confusion / Tiredness  
NP  
FU1  
FU2  
FU3  
FU4/5

618

- Pubertas praecox  
NP  
FU1  
FU2  
FU3  
FU4  
FU5  
FU6  
FU7  
FU8

866

- Autism and Asthma  
NP  
FU1  
FU2

939

- Epileptic Fits  
NP  
FU1

## PAPER & LIVE CASES

05b

- Live: Eye inflammation (acute)

07

- Paper case: Panic attacks
- Paper case: Shoulder joint arthritis

16

- Paper case: Juvenile diabetes

## AUDIO CASES

01

- Zincum case

04

- Down's syndrome / Epilepsy (part 1)

04b

- Down's syndrome / Epilepsy (part 2)

04c

- Down's syndrome / Epilepsy (part 3)

06

- Enuresis nocturna (part 1)

06b

- Enuresis nocturna (part 2)

12

- Arthritis

16

- Depression

28

- Aorta transplantation
-

# MODULE 8 - CASES B

## CASE STUDIES

319

- Fibromyalgia NP+FU1

305

- Timidity / Depression NP  
FU1/2/3

253

- Sciatica NP  
Analysis  
FU 1/2/3

309

- Ailments from fright / vertigo NP  
FU 1

296

- Depression NP  
FU1  
FU2/3  
FU4/5

304

- Depression NP  
FU1

334

- Depression NP  
FU1

258

- High blood pressure NP  
Analysis  
FU1/2  
FU3  
FU4

**281**

- Chronic cough

NP  
FU1/2  
FU3/4  
FU5/6**PAPER & LIVE CASES****21**

- Paper case: Concussion and grief
- Paper case: Panic attacks
- Paper case: Memory loss

**25b**

- Paper case: Aphonia
- Paper case: Right scapula pain

**AUDIO CASES****02**

- Anthracinum case

**05**

- Chron's disease (part 1)

**05b**

- Chron's disease (part 2)

**05c**

- Chron's disease (part 3)

**09**

- Aggressive child (part 1)

**09b**

- Aggressive child (part 2)

---

**24a**

- Migraines (part 1)

**24b**

- Migraines (part 2)

**26**

- Suicidal disposition

**18**

- Gangrene

**32**

- Arthritis and allergies

**33**

- Skin eruptions

**34**

- Herpes
-



# MODULE 9 - CASES C

## CASE STUDIES

294

- Grief  
NP  
FU1  
FU2  
FU3  
FU4/5

354

- Sciatica  
NP  
FU1/2

355

- Inflammation of the sacroiliac junction  
NP+FU1

353

- Ailments from bad news  
NP  
FU1

357

- Asthmatic bronchitis  
NP  
FU1

325

- Ailments from grief  
NP  
FU1  
FU2/3

264

- Ailments from disappointed love  
NP  
FU1  
FU2  
FU3/4  
FU5/6  
FU7  
FU8

**303**

- Ulcerative colitis

NP  
FU1  
FU2  
FU3

## **PAPER & LIVE CASES**

**32**

- Video: Nephrotic syndrome

**32b**

- Video: Nephrotic syndrome FU1

**32c**

- Video: Nephrotic syndrome FU2

**49b**

- Paper case: Fears
- Paper case: Duodenal ulcer

**65b**

- Video: Gangrene

**003**

- Varicella cerebellitis

## **AUDIO CASES**

**07**

- AIDS (part 1)

**07b**

- AIDS (part 2)

**07c**

- AIDS (part 3)

**10**

- Benign Encephalomyelitis (part 1)

**10b**

- Benign Encephalomyelitis (part 2)

**10c**

- Benign Encephalomyelitis (part 3)

**14a**

- Bronchiectasis (part1)

**14b**

- Bronchiectasis (part2)

**14c**

- Bronchiectasis (part3)

**15a**

- Chronic Fatigue (part1)

**15b**

- Chronic Fatigue (part2)

**25a**

- Multiple Sclerosis (part 1)

**25b**

- Multiple Sclerosis (part 2)

**23**

- Microbiophobia

**39**

- Aconitum paper case

# STRATEGIES IN PRESCRIBING

01

- Case No.1: A case of shingles

02

- Case No. 2: A case of a child with cerebral palsy and epileptic fits

03

- Case No. 3: A case of splenomegaly

04

- Case No. 4: A case of constipation

05

- Case No. 5: A case of sensitivity to electromagnetic fields NP

06

- Case No. 5b: A case of sensitivity to electromagnetic fields FU1

07

- Case No. 6: A case of chronic fatigue syndrome NP

08

- Case No. 6b: A case of chronic fatigue syndrome FU1

09

- Case No. 7: A case of lumbago and bone pain

10

- Case No. 8: A case of a woman with difficulties in conceiving

11

- Case No. 9: A case of heavy menstruation

12

- Case No. 9b: A case of heavy menstruation FU1

13

- Case No. 10: A case of panic attacks

14

- Case No. 11: A case of suicidal disposition

15

- Case No. 12: A case of lupus

16

- Case No. 13: A case of myalgic encephalomyelitis

17

- Case No. 14: A case of scleroderma with iridocyclitis

18

- Case No. 15: A case of developmental disorder NP

19

- Case No. 15b: A case of developmental disorder FU1

20

- Case No. 16: A case of angioedema

21

- Case No. 17: A case of depression and anxiety disorder

22

- Case No. 18: A case of personality disorder NP

23

- Case No. 18b: A case of personality disorder FU1

## STRATEGIES IN PRESCRIBING II

01

- Case No.19: A case of pustules

02

- Case No. 20: A case of depression and anxiety NP

03

- Case No. 20b: A case of depression and anxiety FU1

04

- Case No. 21: A case of hyperthyroidism and vitiligo NP

05

- Case No. 21b: A case of dysmenorrhea FU1

06

- Case No. 21c: A case of dysmenorrhea FU2

07

- Case No. 22: A case of fibromyalgia and anxiety

08

- Case No. 23: A case of rheumatoid arthritis NP

09

- Case No. 23b: A case of rheumatoid arthritis FU1

10

- Case No. 23c: A case of rheumatoid arthritis FU2

11

- Case No. 24: A case of restlessness and sleeplessness NP

12

- Case No. 24: A case of restlessness and sleeplessness ANALYSIS

13

- Case No. 24b: A case of restlessness and sleeplessness FU1

14

- Case No. 25: A case of sciatica

15

- Case No. 26: A case of palpitations

16

- Case No. 27: A case of miscarriage and depression

17

- Case No. 28: A case of anxiety and anticipation

18

- Case No. 29e: A case of grief FU4

19

- Case No. 29f: A case of grief FU5

20

- Case No. 29g: A case of grief FU6

21

- Case No. 30: A case of hypertension and hyper-pigmentation

22

- Case No. 31: A case of insomnia

23

- Case No. 32: A case of anxiety neurosis with irritable bowel

24

- Case No. 33: A case of chronic fatigue syndrome NP

25

- Case No. 33b: A case of chronic fatigue syndrome FU1

26

- Case No. 34: A case of cholesteatoma ear

27

- Case No. 35: A case of Lyme disease and panic attacks

28

- Case No. 36: A case of tinnitus and anxiety

29

- Case No. 37: A case of psoriatic arthritis

## **HISTORY OF HOMEOPATHY**

- Origin and evolution of homeopathy
- Life history of stalwarts of homeopathy and their contributions
- Homeopathy in North America

## **ETHICS IN HOMEOPATHIC PRACTICE**

- How to set up business, benefits and drawbacks of various type of corporations.
- How to choose a business structure for your practice
- Professional insurance

## **BUSINESS OF PRACTICE**

- How to set up business, benefits and drawbacks of various type of corporations.
- How to choose a business structure for your practice
- Professional insurance